Lake Washington Institute of Technology prepares students for today’s careers and tomorrow’s opportunities.
Message from the President of Lake Washington Institute of Technology

It is an honor to serve as the President of Lake Washington Institute of Technology. Since beginning my tenure as president on July 1, 2013, I have had the privilege of getting to know the talented and professional faculty and staff at Lake Washington. What has impressed me most about the Institute is the focus on ensuring that our students are successful whether they begin their higher education experience as a high school student in our Academy, as a college student in one of our more than 40 distinct associate degree and certificate programs, or as an applied baccalaureate candidate. Student success is at the heart of our workforce mission.

Our workforce mission was reaffirmed by the Board of Trustees in September as they approved the Institute’s next strategic plan. This plan focuses our efforts in four important areas:

1. Creating clear, seamless pathways for students to the associate and baccalaureate levels, no matter where they begin their journey.
2. Ensuring that students achieve their goals at a culturally competent institute that is dedicated to student success.
3. Supporting our Eastside communities by providing skilled employees and educated neighbors.
4. Continuing to build an employment environment that is grounded in collaboration and transparency in order to foster innovation.

You can now see why I am energized to lead such a focused and innovative institute.

I look forward to working with you and ensuring that Lake Washington Institute of Technology continues to support our students and our community by serving as the workforce provider of choice.

Thank you again for your support.

Message from the Chairman of the Board of Trustees

During the past year, the Board has been committed to moving the college forward with our mission and vision. The Board has remained focused on ensuring that Lake Washington Institute of Technology continues to provide our students with multiple workforce pathways to enable them to achieve their educational and career goals. The Board is also committed to maintaining a strong relationship with the Foundation.

The Board remains focused on providing strong, sustainable leadership for Lake Washington Institute of Technology, and we accomplished this with the hiring of President Amy Morrison Goings. Amy is a collaborative leader who possesses the qualities, values and commitment that will ensure the future growth of Lake Washington. We also welcomed a new Vice President of Instruction, Dr. Kevin McCarthy; a new Foundation Executive Director, Elisabeth Sorensen; and new Board of Trustee members, Neil Johnson and Anne Hamilton.

In last year’s message to the community, I noted that work had been started in developing the college’s new strategic plan. That work was successfully completed with Board approval through the collaborative efforts of the college community. The new strategic plan renews our focus on workforce education, and commitment to support student success, foster collaboration and engage community partnerships.

As part of the commitment to providing multiple pathways for student success, the college has continued to add new pathways for our students. One of the Board’s goals to add additional Applied Baccalaureate degrees continues to make good progress. Plans are underway for two new degrees; Transportation & Logistics Management, and Public Health.

The college continues to cultivate and expand partnerships within the local community and internationally. Locally, the President’s Advisory Council of business leaders in our community is a valuable resource in identifying workforce and educational needs.

Our international program ties remain strong and the college’s relationships in China have provided valuable student and faculty exchange opportunities. In September 2012, students from the Auto Repair Technician program, Electronics Technology program and two instructors participated in the college’s first study abroad to Changzhou Institute of Mechatronic Technology in China, a partner college with Lake Washington.

We have so much to be proud of at Lake Washington Institute of Technology, and on behalf of the Board of Trustees I look forward to another successful year.
Thank you for helping to create Bright Futures!

Dear Friends,

Creating a bright future for a student just getting started, or one returning to school for retraining or a new career takes all of us. Faculty and staff at Lake Washington provide a competitive, first class environment for learning and students work hard to achieve their goals. Often the only barrier is funding. That’s where the Foundation – and you – come in.

Because of support from people like you, during the 2012-13 academic year the Foundation was able to award over $60,000 in scholarships to 91 deserving students. Thank you!

Additionally, your donations helped send students to regional, national and even international competitions, provided needed program resources, offered student emergency assistance and helped faculty and staff keep their skills current through professional education. Every dollar donated is gratefully received and wisely used at Lake Washington.

I am excited to introduce the newest member of our Foundation team, Executive Director Elisabeth Sorensen. Elisabeth comes to us with a strong track record of increasing resources through expanding community connections. Watch for Elisabeth in the community or come meet her soon on campus.

Finally, I want to express my deep appreciation to our Foundation board members, all of whom worked especially hard over the past year under the very able leadership of interim director Terry Byington. A big accomplishment of this year was the decision (and hard work!) to implement a new online scholarship program, allowing a much more interactive experience for students and donors alike.

At the LWIT Foundation we’re all about creating bright futures. Please join us to see what a difference you can make!

In gratitude,
Betty Spieth-Croll

---

**LWIT Foundation Mission:**
To actively engage business and the community in supporting Lake Washington Institute of Technology, its students, and its role in building a strong economy.

---

**2012/2013 Foundation Board**
Betty Spieth-Croll President
dave Ferguson Vice President
Richard Haelsig Treasurer
Laura Wildfong Secretary

---

Vicki Cooley Ellen Miller-Wolfe
Diane Haelsig Michael Royston
Solomon Karmel Sherry Zins
Hank Kerns Ksenia Karpisheva, UW Board Fellow

---

Ex-Officio
Elisabeth Sorensen Executive Director
Terry Byington Interim Executive Director
Darrel S. Mitsunaga Lake Washington Institute of Technology Board of Trustees
Dr. Amy Morrison Goings Lake Washington Institute of Technology President
Dr. Sharon McGavick President Emeritus
Bill Thomas Lake Washington Institute of Technology VP, Administrative Services

---

Your gift makes a difference:
- As little as $30 helps a student in need by paying for one of the five GED tests required for a student getting started.
- A $500 contribution allows you to name a scholarship.
- Consider a planned gift to Lake Washington. Contact the Foundation for more information.

Have another idea of how you’d like to help? Call or email us and we will find a way to match your donation and interest with a need here at the LWIT Foundation.

425.739.8134
foundation@lwtech.edu
Culinary Knowledge Bowl Team
At the ACF Western Regional Competition in Coeur d’Alene in April, the Lake Washington Knowledge Bowl team defended its western regional championship winning the Baron H. Galand Culinary Knowledge Bowl for the second year in a row and earning enough points to win gold medals.

Students Sweep Skills USA Nationals
All three Lake Washington students who attended the 2013 SkillsUSA National Competition in June, in Kansas City, Missouri, brought home medals. Jonathan Anderson placed first in the country in Marine Service Technology with a gold medal. Nikolaos Antonopoulos placed second in the nation in Motorcycle Service Technology with a silver medal (winning Lake Washington a Harley-Davidson® motorcycle courtesy of Harley-Davidson). Jeremy Talley placed third in the nation in Power Equipment Technology with a bronze medal. Talley was the silver medal winner in Motorcycle Service Technology in the 2012 SkillsUSA national competition, which won Lake Washington a Harley-Davidson® motorcycle. All three students were first place winners in the Washington SkillsUSA competition in their fields.

Washington State Hot Rod Hall of Fame Scholarship Recipients
For the third year in a row, five Lake Washington students won $2,000 scholarships at the 2013 Washington State Hot Rod Hall of Fame in May. Students must achieve a 3.0 GPA or better, receive a recommendation from their instructor, and write an essay expressing a commitment to their trade field of study.

The American Dental Hygienists’ Association’s Table Clinic Award
Three Lake Washington Dental Hygiene students received The American Dental Hygienists’ Association’s Table Clinic award for their presentation and research at the Washington State Dental Hygiene Symposium in April 2013. They traveled to Jamaica last October as a part of an humanitarian effort to provide care for the underserved populations of Jamaica and improve oral health knowledge and education. The students presented their research and experience at the symposium and received first place earning them the award.

Scholarships have the unique power to transform the lives of students and strengthen our community by providing a skilled, productive workforce.

–LWIT Foundation Executive Director Elisabeth Sorensen

Lake Washington Programs

Social and Human Services
Students in this program are prepared for employment as case managers in rehabilitation, employment services, corrections, educational programs, and community based organizations serving youth, seniors, and individuals with disabilities. The program is hands-on through internships both on and off campus, class projects and community volunteer opportunities. The Social and Human Services Club also provides opportunities for students to reach out to the community with projects such as making and delivering lunches to Tent City, putting together hygiene kits for veteran women, volunteering each year at the LWIT Foundation Benefit Breakfast and much more.

Welding Technology
This past year has been exciting, as employment opportunities for our graduates have expanded. Several of our graduates and students have obtained admission into the Ironworker’s Union Apprenticeship program. The majority of our graduates are finding work within a few weeks of graduating, with pay ranging from $14-20+ an hour. The welding lab has benefited from an $850,000 renovation last summer. The student capacity has increased with the addition of new welding booths and rearrangement of work stations. The welding technology program has had a waitlist for admission for the past several years, even with the recently increased student capacity.
Bright Futures for Students and Industry

Bright Futures for Industry

Lake Washington Institute of Technology works closely with businesses, industry leaders and community members to develop the most up-to-the-minute training, serving the needs of local, regional and national employers. Partnerships allow us to work together to design industry-specific curriculum to train current and future employees.

The Nursing AAS-T degree prepares students who are highly educated, technically advanced, competent and caring individuals to practice professional nursing in a variety of settings and participate in lifelong learning. In addition, it prepares students interested in pursuing a degree at the baccalaureate level.

The Harley-Davidson® Option to the Motorcycle, Marine and Power Equipment Service Tech AAS degree uniquely positions successful graduates to enter Harley-Davidson® dealerships in a variety of capacities. The intent of the program is to provide the type of pre-employment training that is currently only available as incumbent worker training in a Harley-Davidson® dealership and better prepare them for their initial employment.

Lake Washington Institute of Technology has partnered with the Bothell Biomedical Manufacturing Innovation Zone to open the Mercury Medical Technologies (Mercury MedTech), a medical device incubator. This will provide opportunities to engage with academic advisers, vendors and the prototyping capabilities of the Machine Technology program.

A recent survey of employers conducted by Hebert Research, Inc., revealed that employers were most impressed by the amount of hands-on experience that graduates from community and technical colleges bring to the job. Respondents were impressed with the experience of graduates, the accomplishments of those graduates once hired, and the quality of their job skills.

2013 Study Tour

Culinary Arts in Korea

From September 1 to September 11, 2013, thirteen students and two faculty members from the Culinary Arts program participated in Lake Washington Institute of Technology’s first culinary study tour program at our partner institution, Busan Institute of Technology (BIST) in Busan, South Korea. From 8 am to as late as 11 pm, each day of the tour was packed with exciting classes and activities. The group attended culinary classes taught by leading chefs in Korea’s culinary industry, learning how to create both traditional and royal Korean cuisine. In classes, students partnered with Korean BIST students creating a variety of dishes together. This camaraderie continued outside the classroom as Lake Washington and BIST students hung out together playing soccer on the college field and exploring the city in the evenings. After classes, students participated in many cultural experiences, including several city tours of Busan, visits to traditional Korean villages, dinners at world-renowned hotels, and an excursion to the famous Haeundae Beach. During the last two days, the group travelled to Korea’s capital, Seoul, and stayed in Insadong, a city known for its art galleries, traditional teahouses and restaurants.
Bright Futures  Program Spotlight

Associate of Applied Science Engineering Technology

Careers on the Upswing

The Associate of Applied Science Engineering Technology degree is designed for students who like the practical application of engineering, and who would benefit from a hands-on, rather than a more theoretically-inclined, program. It can lead to employment in as little as two years, or can provide a solid foundation for further studies in engineering and technology.

All students in the Engineering Technology program take a series of core engineering, math and computing classes that provide the fundamental knowledge all engineers require to be successful in the workforce. To complete their degree, students choose one of four focus areas: manufacturing, electronics, biomedical engineering, or renewable energy. Graduates can either enter the workforce immediately, or use the AAS degree as the foundation for a baccalaureate degree.

Demand for AAS degree graduates in engineering and technology is at an all-time high. At a Senate Aviation Subcommittee hearing with Senator Maria Cantwell last July addressing aerospace worker shortages, a Boeing representative testified that skilled employees with associate degrees in such fields as engineering technology are in short supply, with this situation becoming more critical as the manufacturing upswing in the Puget Sound region expands. As a result, salaries for positions such as technicians, product designers, test engineers and the like are on the rise.

Skilled employees with associate degrees in such fields as engineering technology are in short supply, with this situation becoming more critical as the manufacturing upswing in the Puget Sound Region expands.

Bright Futures  Faculty Spotlight

Matthew DiMeco, C.E.C.
Lake Washington Institute of Technology Culinary Arts Instructor

Chef Matthew DiMeco began his culinary career as a bread baker at the locally famous Italian restaurant DeFazio's in his hometown of Wichita, Kansas. He then moved to Kansas City, Missouri, and completed the American Culinary Federation (ACF) apprenticeship program at Johnson County Community College. Afterwards he spent four years working and learning at the Hyatt Regency Crown Center under the guidance of Tim Ryan C.E.C.

Looking to broaden his experience, Matthew moved to Seattle and honed his cooking and managerial skills at various local restaurants including Earth and Ocean, Daniel's Broiler, and Newcastle Golf Club. He landed his first executive chef position at The Iris Grill in Issaquah, Washington, where he managed the kitchen for three years. In 2009, Matthew left The Iris Grill to pursue a new path as an instructor of culinary arts at Lake Washington Institute of Technology.

During his tenure at Lake Washington, Matthew's students won first place in the ACF Regional Knowledge Bowl and then went on to win first place at the National ACF Knowledge Bowl Competition in 2012. In September of 2013, he took a team of culinary students on a study-tour trip to Korea.

Matthew enjoys writing culinary articles for the local Kirkland Reporter, traveling, playing guitar, gardening, astronomy, chess, and hanging out with his Cairn Terrier, Chip, at home in Renton.
Jim Colman Scholarship

Jim Colman Horticultural Scholarship recipients are currently enrolled, full-time students in the Lake Washington Environmental Horticulture program. Students are chosen for their academic achievements and demonstrated passion for horticulture. The scholarship sponsors choose one recipient each quarter for a $1,700 award which will cover one quarter’s tuition. Students must have completed at least one quarter of the Lake Washington Environmental Horticulture program, have a 3.25 or better GPA, and not have been awarded the Jim Colman Scholarship in the past.

Eastside Community Aid Thrift Shop Scholarship

The Eastside Community Aid Thrift Shop awards four scholarships throughout the academic year in memory of Jo Legan. Two scholarships are awarded to students enrolled full-time in Engineering Graphics/Civil Engineering/Architectural Graphics programs or the Multimedia Design and Production program, with preference given to students already accepted into the Bachelor of Technology in Applied Design (BTAD) program. Two scholarships are awarded to students enrolled full-time in the Social and Human Services program. Eligible students must demonstrate academic excellence in the face of financial need.

Keiretsu Forum Scholarship

Keiretsu Forum Northwest offers four scholarships throughout the academic year for students enrolled in Business, Engineering or Electronics programs.

“College cannot be paid for by strength and determination alone. It is all because of the generous contribution of this scholarship that allows me to continue to pursue my dream of becoming the first college graduate in my family.”

–Breyana Sergeant, Dental Hygiene Program

---

Foundation Financials

Sources

- Gifts for Scholarships and Specific Programs: 72%
- Endowment Contributions: 8%
- Other Unrestricted Donations: 14%
- Bright Futures Breakfast: 6%

Uses

- Programs (with Faculty/Staff): 44%
- Insurance/Tax Prep/Licenses/Office: 4%
- Community Outreach/Marketing: 5%
- Fundraising: 7%
- Scholarships: 40%
A Big Thank You to Our 2012 Donors

Each year hundreds of students are able to enroll in a program at Lake Washington Institute of Technology, to get the education that will help them get a job, learn the skills that employers need, or update their skills as technology advances. Your generosity provides the scholarships and emergency help they need to fulfill their dreams. **On behalf of the Foundation and all who benefit, thank you!**

**Gifts of $5,000 or more**
- Estate of Marlene “Malka” Fricks
- Peiersl Foundation
- The Boeing Company
- Washington State Hot Rod Hall of Fame
- **Gifts of $1,000-$4,999**
  - Altrusa Club of Lake Washington East Foundation
  - American Culinary Federation (ACF)
  - Washington Chapter
- **Gifts of $500-$999**
  - Portage Bay Garden Club
  - Myung Park
  - Jane Millar
  - Jean McNamar
  - Rosemary McAuliffe
- **Gifts of $100-$499**
  - Seattle Foundation
  - Betty Spieht-Croll & Timothy Croll
  - Waste Management
  - Frank Williams
  - David & Carol Woodall
  - Bill Woods
- **Gifts up to $100**
  - Seattle Foundation
  - Betty Spieht-Croll & Timothy Croll
  - Waste Management
  - Frank Williams
  - David & Carol Woodall
  - Bill Woods
  - Seattle Foundation
  - Betty Spieht-Croll & Timothy Croll
  - Waste Management
  - Frank Williams
  - David & Carol Woodall
  - Bill Woods

**Featured Donor: ABODA**

In February 2013, the LWIT Foundation established the Ralph L. Jones Memorial Endowment, creating two new annual $3,000 scholarships for students. Made possible by a generous $150,000 donation from Redmond firm ABODA in the name of former Lake Washington Institute of Technology instructor Ralph L. Jones, the ongoing scholarships will be available to two Lake Washington students each year.

“The amount of people Ralph impacted during his life is staggering,” said Dave Caple, President and CEO of ABODA. “In his memory we wanted to continue his impact on others for years to come. ABODA started the fund and it’s our hope that the initial investment, paired with good investing, will allow us to continue to provide this scholarship in perpetuity. We also hope that others touched by Ralph’s life might consider contributing to the fund as it grows, allowing us to help even more students down the road.”

“Ralph was a self-made man, who overcame extreme adversities to make something of himself,” said Doug Emory, Lake Washington Dean of Instruction, Academic Core, Hospitality and Service. “He was an inspiration to many of us. The idea behind this scholarship is to help people like him, students who are working hard to put themselves through school and often aren’t eligible for grants, but still need that little extra help to reach their educational goals.”

For more information on applying for the scholarship or making additional contributions in Jones’ name, contact the LWIT Foundation at 425.739.8134 or foundation@lwtech.edu.