

KCSARC PROGRAMS AND SERVICES



“KCSARC has been with our family from the beginning until now, 3 years later. I don’t call it the end, but rather our new beginning. Thank you for helping my daughter face the memories that haunted her. Thank you for being so patient with me as I moved back and forth from numbness to reality. It is only because of KCSARC that we can call ourselves FAMILY once again.”

– Former KCSARC Client

“I am still in amazement that, after your treatment program, I no longer suffer from flashbacks, bad dreams or intrusive thoughts. My days are peaceful, and I sleep soundly every night. The change is so dramatic. I suffered so much and for so long before you all came into my life and truly healed me.”

– Former KCSARC Client

“I wanted to let you know how thankful we are for KCSARC. Our legal advocate’s skill set ranged from deep, authentic compassion for the victim and for the whole family, to thorough knowledge of the criminal process and court proceedings. She was ahead of the game every step of the process - walking us through paperwork and filings to meeting us for court appearances.”

– Former KCSARC Client

ADVOCACY SERVICES

Confidential advocacy services are offered at no cost in King County. We are a partner in the Crime Victim Service Center of King County and provide advocacy and therapy services all people impacted by sexual assault and felony level child physical abuse.

24-Hour Resource Line

888.99.VOICE. Crisis intervention, information/referral, medical advocacy, and on-going support is provided 24 hours a day, 7 days a week. This vital resource is for anyone impacted by or concerned about sexual assault or child physical abuse in their community.

Medical Advocacy

Information and support related to the forensic medical examination and assistance with Crime Victim Compensation applications is provided by Client Care Specialists.

Legal Advocacy

Support through every step of the criminal justice process and information about victims’ rights and options while navigating the often lengthy and confusing legal proceedings.

Ongoing Support

Support, parent education, and general information on forensic medical exams, and coordination for KCSARC services and referrals to other agencies are provided for people affected by sexual assault and child physical abuse.

CLINICAL SERVICES

Therapy services are available to individuals ages 6 through adults. Treatment services focus specifically on the trauma and are supported by effective research. Ultimately, the goal of therapy is to reduce and eliminate troubling symptoms that interrupt daily life.

Individual Therapy

Therapy services are designed with each individual in mind. Therapists work with clients to determine treatment goals and the plan to reach those goals.

Group Therapy

Therapy groups are routinely provided for women who are adult survivors of childhood sexual assault.

Parent Education

Offered to non-offending parents and caregivers in individual and group settings. Parents will come to understand offender behavior, understand the developmental needs of their child post-abuse, and concrete ways to continually support their child's healing.

Psychiatry

Medication management services are available.

SYSTEM COORDINATION

We work to collaborate and coordinate community partnerships to best serve survivors.

PREVENTION AND EDUCATION

Our prevention services provide people with the tools to identify and confront the societal and individual conditions which support and perpetuate sexual violence. We provide continuing education, community presentations, professional consultations, and resource materials (www.kcsarc.org/resources).

WHAT IS SEXUAL VIOLENCE?

Sexual violence is an umbrella term that encompasses a spectrum of physical and verbal acts. For example, sexual violence can be used to describe a range of behaviors from making sexist jokes or comments, to touching another person without their consent, to rape. Language and behavior along this continuum contribute to the ways our culture perpetuates and excuses violence.

WHAT WE KNOW

Sexual abuse is prevalent

- 1 in 4 girls and 1 in 6 boys experience sexual abuse during childhood (NSVRC)

Rape is the most under-reported crime

- 63% of sexual assaults are not reported to police (NSVRC)

Offenders are often known to their victims

In the 2015 therapy and advocacy cases at KCSARC:

- 48% involved offenders that are family members
- 41% involved offenders that are acquaintances
- 11% involved offenders that are strangers

OUR VISION

Every person deserves to be free from sexual violence. Since 1976, KCSARC has been on the frontline of change, providing services to more than 155,000 victims of sexual assault and their families. We are creating safer environments by guiding public policy, developing innovative approaches, and delivering proven prevention and therapeutic programs.

Our purpose is to alleviate, as much as possible, the trauma of sexual assault for victims and their families. KCSARC has the expertise to help victims heal and become survivors. Our philosophy is to provide services to victims and their families in a holistic and coordinated way so that victims and their support networks have the skills and knowledge needed to heal.

As an agency we are working to change harmful beliefs, attitudes, and values about sexual violence; and instill courage for people to speak out about sexual assault.

OUR BELIEFS

- Sexual assault is a problem that impacts everyone it is rooted in larger societal issues including sexism, racism, and homophobia.
- Services are focused to meet victims' needs.
- Advocacy services are provided in a no-cost, confidential manner.
- Services are non-discriminatory.

KCSARC provides services which are sensitive to people of all backgrounds. We strive to increase the accessibility of our services by addressing the specific needs and concerns of under-served communities.

KCSARC services are available and delivered to clients without discrimination by reason of race, color, religion, disability, pregnancy, national origin, sexual orientation, gender, age, ethnicity, income, veteran status, marital status, or any other basis prohibited by Federal, State or local law.