

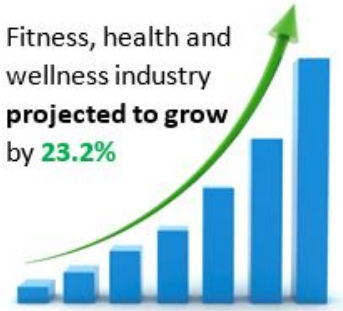
# Associate of Applied Science: Fitness Specialist

The Associates of Applied Science for Fitness Specialist degree is the only program of its kind located in the technology corridor on the Seattle Metropolitan area's Eastside. If you intend to pursue a career in a high-demand area of the Health and Wellness industry, then Lake Washington Institute of Technology's (LWTech) Fitness Specialist Program is for you!

Your degree as a Fitness Specialist forms the core of your future in Health and Wellness; the skills you learn will give you the opportunity to positively influence other people's lives. As a graduate, you will be prepared for well-paid, rewarding positions in a whole spectrum of jobs, including employment in health centers, wellness centers, fitness centers, geriatric facilities, and corporate wellness. Growing companies in these sectors in the Seattle area and beyond include PRO Sports Club, Seattle Athletic Club, and LA Fitness. The demand for health and wellness professionals is projected to grow rapidly in coming years.



Fitness, health and wellness industry **projected to grow by 23.2%**



Jobs under "fitness and recreational sports centers" expected to reach **596,300 by 2020.\***

\*according to a recent Bureau of Labor Statistics study.



Entry-level salaries can range from **\$21.29/hr. to \$24.26/hr.**

**\$** salary



The fast-paced curriculum prepares students to pass personal trainer certification exams offered by:

- American College of Sports Medicine (ACSM)
- American Council on Exercise (ACE)
- National Strength and Conditioning Association (NSCA)
- National Academy of Sports Medicine (NASM)

[www.lwtech.edu/fitness](http://www.lwtech.edu/fitness)

11605 132<sup>nd</sup> Avenue NE, Kirkland, WA 98034 | (425) 739-8100 | [info@lwtech.edu](mailto:info@lwtech.edu)

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- Designed for the **young adult** starting a career path:
  - Recent High School graduates
  - Individuals with athletic skills and an interest in sports
  - Interested in helping others achieve a better quality of life
- Designed for **career changers/incumbent workers**:
  - Self-starters who want more control over work schedules
  - Entrepreneurial minded and want to start your own business
  - Interested in helping others achieve a better quality of life
  - Interested in health care, including such fields as Nutritionist/Ayurvedic/Dietician\*\*
  - Flexible schedule for part-time students
- Designed for **active military personnel, and veterans**:
  - Aligned with SOC codes, allowing students to gain college credits for prior military experience
- **Affordable**
  - Among the most affordable programs at any publicly funded college in the Puget Sound Region
  - Scholarships available from LWTech Foundation
  - Financial Aid packages available

**\*\* (Affiliation agreement with Bastyr as a pathway to their related programs)**



## Find out more!

### Allen Levine, the Department Chair:

- Specific program content or courses
- Part-time program admissions information

### Michael Leary, Student Success Navigator:

- Full-time program admissions information
- Application requirements
- Program cost questions

### Ahmad Bennett, Veteran Student Success Coordinator:

- Veterans or current military personnel

### • Online Admissions Information:

[www.lwtech.edu/admissions/new-students/](http://www.lwtech.edu/admissions/new-students/)

### • Please visit the [Foundation Scholarship](#)

page for the Fall 2017 application:  
[www.lwtech.edu/about/foundation/](http://www.lwtech.edu/about/foundation/)



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