

Occupational Therapy

Learn to Help People Achieve Independence and Quality of Life



The Lake Washington Institute of Technology website has in-depth information about the Occupational Therapy Assistant program. Please visit www.lwtech.edu/ota.

The Occupational Therapy Assistant Program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at ACOTE c/o AOTA, 6116 Executive Boulevard, Suite 200, North Bethesda, MD 20852-4929. ACOTE's telephone number, c/o AOTA is (301) 652-AOTA and the web address is www.acoteonline.org

Fieldwork education experiences, also known as clinical affiliations, are an integral part of the OTA curriculum. After successful completion of all coursework and clinical internships, students will be eligible to take the certification examination administered by the National Board for Certification in Occupational Therapy (NBCOT). The OTA must also apply for a license to practice which is granted by the Washington State Department of Health.



"To prepare graduates in the field of occupational therapy with the skill base, knowledge, and understanding of professional behaviors necessary to succeed in their chosen vocational pathway."

—OTA Program Mission Statement

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Program Highlights

The Occupational Therapy Assistant program at LWTech uses a “hands on” teaching approach while grounding the instruction in solid theory and academic foundations. Each class has a laboratory component wherein students can practice the skills learned in lecture. Occupational Therapy clinicians are experts in the adaptation, rehabilitation, and organization of skills for the “job” of living, such as dressing, grooming, eating, bathing, and home management. The coursework, while demanding, is interesting and engaging. Because occupational therapy is concerned with “living life to its fullest” coursework will include:

- Functional anatomy and kinesiology
- Therapeutic activities or occupations
- Teamwork between the Occupational Therapist and the OT Assistant
- Working with older adults and children
- Working with persons with different challenges and disabilities
- Conducting therapeutic groups

Learn from Industry Experts

The OTA program instructors are selected for content expertise and experience as therapists and therapy assistants. The clinicians who teach in the OTA curriculum at LWTech have chosen to serve future clients and students by making a commitment to OTA education and to the profession of Occupational Therapy.

Find out more!

Advising (425) 739-8300

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Career Opportunities

Occupational Therapy Assistants are in great demand nationally and locally. It is considered one of the “recession-proof” jobs by the US Department of Labor. Due to the aging of the population, more OTAs will be needed in the next 20 years. Because of the versatility and many-faceted skills of the occupational therapy assistant, a wide range of employers are seeking graduates, including:

- Hospitals
- Nursing homes
- Rehabilitation centers
- Home healthcare and hospices
- School systems
- Mental health facilities
- Outpatient clinics
- Assisted living and retirement centers
- Private practices

