WorkForce Development Newsletter
Fall Quarter 2020

Tips for Fall Quarter
- Get connected with The Learning Lab for Tutoring and Academic Support
- Connect early with Disability Support Services and TRIO
- Meet with your Workforce Development Advisor to complete your academic plan

Scholarships and Funding
- Foundation Scholarship for Spring Opens Fall Quarter
- FAFSA Applications for 2021 to 2022 are Open
- Check out Washboard.org for Scholarship Opportunities

Student Lingo
StudentLingo is a series of online, interactive workshops focused on helping LWTech students achieve their academic and career goals

Choose from Different Categories
- Online Learning
- Success Strategies
- Academic and Career Exploration
- and more!

Suggested Videos for this Quarter
- Setting and Accomplishing Realistic Goals
- Stress Management Techniques
- Online Courses: Staying Motivated and Disciplined
- Ten Habits of Mind for College Success

Video Highlights
- Check out our “Workforce Development Funding Program” video to learn about our programs and what we offer!
- Checkout out our “Applying for Food Benefits” Video to see how you might be able to get support!

Program Overview

Opportunity Grant
The Opportunity Grant Scholarship supports income eligible students enrolled in Accounting, Business, I-BEST or Health Care Programs.

Benefits May Include
- Tuition and Feed up to 45 credits
- Books and Supplies up to $1000 per year
• Career and Educational Advising and Planning
• Personal Support, Goal Setting, and Problem Solving

Eligibility
• Washington State Resident
• You DO NOT have a Prior Degree
• Must Meet Income Guidelines
• GPA of 2.0 or Higher
• Enrolled in a Qualified Program

Qualified Programs

Accounting
• Accounting AAS and Certificates

Business
• Business Technology AAS and Certificates

Healthcare
• Health Sciences AAS-T
• Nursing AAS-T
• Nursing Assistant
• Physical Therapy
• Medical Assisting AAS
• Medical Billing & Coding Certificate
• Medical Assisting Office
• Administration
• Fitness Specialist / Personal Trainer
• Occupational Therapy

I-BEST
• Accounting
• Biomedical Device Assembler
• Business Technology
• Computer Security & Network
• Technology
• Culinary Arts
• Early Childhood Education
• General Service Technician
• Support Technician
• Nursing Assistant
• Medical Office Administration
• Machine Technology
• Welding Technology

Program Contact Information
• OpportunityGrant@LWTech.edu
• James LauRae
If you are not currently enrolled in any of the WFD programs listed above, take the “Start Next Quarter” survey to see if you may qualify!

**Student Tips**
- Be sure to Plan Ahead. Run your own degree audit to make sure you are on track!
- Keep up with Assignments and Zoom Classes Through a Planner or Phone Calendar
- Be Sure to Manage your Study Space. Keep it Organized and keep distractions away!

**Have any Questions? Contact Us!**
- LWTech.edu/WFD
- (425) 739-8339
- WFD@LWTech.edu

**Community Resources and Activities**

**Check out Community Resources Available to Eligible Students**
- Hopelink Family Development Program
- King County Homeless Employment Project
- Orca Lift
- Cares of Washington
- WIOA (Workforce Innovation and Opportunity Act)
- YWCA BFET Program
- Community Heath Access Program (CHAP)
- Washington Connections
- Seattle Education Access
- And More

Find out more information on our website LWTech.edu/WFD

**Check Out Local Events**
- Lake Washington Marathon November 7th
- Hopelink Turkey Trot November 20th
- Small Business Saturday November 28th

**Do Some at Home Fall Crafts**
- Things to do alone or with kids

**Check Out Local Markets**
- Sunday Market / Freemont Market

**Try Making some Fall Recipes**
- 32 Fall Treats to Make at Home
Directors Note
Demetra Biros
Director of Workforce Development

Welcome to Fall quarter at LWTech! It truly is an unprecedented Fall quarter, with multiple challenges and uncertainty all around us. The WFD team is here to support you through these challenges and to help you reach your career and educational goals. In fact, that is one thing that is unwavering, the dedication that all of us at LWTech have to our students.

Speaking of dedication, I recently celebrated my 20-year work anniversary! Yes, I have been employed at LWTech for 20 years! For this major milestone, I shared some thoughts with the rest of my LWTech family. Here is what I said:

“Wow, so much has happened in 20 years! I am so proud to continue to be part of this LWTech family. A family that shares the same vision…. that the work that we do changes lives and impacts not just the students that we serve but has a profound impact on future generations. A family that shares in the journey of understanding that we are not perfect, but we will always strive to be better. A family that adapts… adapts to the needs of our students, to the newest labor market trends, to the latest crisis. A family that challenges me and supports me in being a better version of myself every day. Thank you to my LWTech family for 20 amazing years!”

I share this with you, our students, so that you get a glimpse of what LWTech means to me. My hope is that someday you feel as passionate about the work that you do and the people that you work with as I do. In fact, I have dedicated 20 years to this goal. Stay strong and keep up the good work!

Demetra Biros, Director of Workforce Development

Want to Learn more about our WFD Programs? Look at our website for more information!

- LWTech.com/WFD

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