Have you registered for Spring quarter yet? Registration is open and classes are filling up fast! Contact your Workforce or Faculty Advisor if you need help with registration.

Free Tax Help
February 8th to April 15th, 2021 United Way is offering free virtual tax services. All you need is a smartphone or computer. Visit FreeTaxExperts.org, where you’ll find a variety of secure ways to file your taxes.

How to Get Started
1. Go to FreeTaxExperts.org
2. Be ready to upload photos of your ID, answer some questions about your tax situations, and upload your tax documents
3. Make appointment for services
4. Once you have scheduled your appointment, a tax specialist will call you to discuss your taxes, answer any questions, and assist you in filing your tax return

Learn about TRiO Services
TRiO Serves students who are low-income, first generation, or students with disabilities.

This Quarters recommended videos
- One on one tutoring (virtually via zoom)
- Student success appointments (i.e. time management, goal setting, stress management, and how to be successful in online classes)
- Academic advising and academic planning
- Transfer planning

Students interested in TRiO can complete our eligibility survey. For more information email TRiO at trio@lwtech.edu, or call (425) 739-8361

Scholarships and Funding
- FAFSA and WAFSA applications open for 2021 – 2022
- Check out Washboard.org for scholarship opportunities
- Look at our RISE center page for LWTech scholarships.

Learn more about Workforce Programs
- Learn more about our programs and eligibility guidelines to qualify got tuition, book, and supply assistance
- Check out our “Applying for Food Benefits” video to see how you might be able to get support.
Directors Note
Jayne Heyde Assistant Director of Workforce Development
The Importance of Four-Letter Words
Welcome to Winter quarter 2021! I hope this note finds you well and enjoying your classes. I want to talk about the importance of words. The last 10 months we’ve been hearing and using a lot of ‘big’ words, many very serious and sometimes a little scary. We’ve heard unprecedented, pandemic, quarantine, abundance of caution and other important words focused on the current state of the world. We’ve needed to follow directions that were at times difficult to follow. We may have been unsure about what to do and worried about the impact of all that is happening. It’s important to listen to these ‘big’ words and make sure we’re staying safe and healthy.

I think it is time to start using some four-letter words, too! Words like hope, kind, care, and love. While we cannot control everything around us, we can control how we take care of ourselves and our loved ones. We can look for hope in the world around us, look for and listen to the beauty that surrounds us. We can find hope within ourselves. The hope that keeps us moving forward every day. We can be kind and care for others. We can smile behind our face masks; other’s will see the twinkle in our eyes and the crinkles by our eyes to know we are smiling. We can check in on neighbors and friends in a variety of ways to let them know we are thinking of them and that we care. Phone, zoom, handwritten notes, outside six feet apart are all ways to connect with others. We can choose to be kind to ourselves and others. A little kindness can make all the difference in a person’s day. We can choose to show ourselves love by taking care of ourselves. There are many ways to practice self-care, please take a look at this link, Coping during Covid 19, for ideas. As we continue our journey through the unprecedented quarantine during the pandemic, practicing an abundance of caution. Be sure to let the four-letter words fly, Hope, Kind, Care, Love

Check out Community Resources Available to Eligible Students
- Washington Connection
- Hope link
- Orca
- YWCA

Student Lingo
StudentLingo is a series of online, interactive workshops focused on helping LWTech students achieve their academic and career goals. Choose from different categories.

Recommended Categories
- Time management
- Taking tests online
- Student success
- Well-being balance
Workforce Student Ambassador Tips for Success

Graduation is just around the corner. Check in with an advisor to make sure you’re on the right track. Stay on top of your online coursework, use a physical or digital planner to stay focused. Be sure to take breaks away from your computer. Possibly go for a walk.

WorkFirst

The WorkFirst program provides aid to LWTech students receiving temporary assistance for needy families (TANF) from DSHS

Eligibility
- Are referred to the WorkFirst program coordinator by DSHS
- Are receiving temporary assistance for needy families (TANF)
- Are enrolled in a professional technical program at the certificate or associate level, and or basic skills courses
- Not enrolled in a DTA or BAS program

Benefits may Include
- Funding for books
- Funding for tuition and feed
- Advising and planning
- Priority registration

Program Contact Information
- Workfirst@LWTech.edu
- Kaytlyn Hoch (425) 739-8131

Applying for TANF

If you are a student with limited income and are not currently receiving temporary assistance for needy families through DSHS check your eligibility and apply at Washington Connection.

Take the “Start Next Quarter” survey to see if you may qualify for WorkFirst or any of our other Workforce Development Programs.

Have any Questions? Contact Us.
- LWTech.edu/WFD
- (425) 739-8339
- mailto:wfd@lwtech.edu