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LAKE WASHINGTON INSTITUTE OF TECHNOLOGY
PRESENTS

ANNUAL STTACC CONFERENCE 2016

 **MISSION POSSIBLE**
Ignite · Engage · Transform



AGENDA

THURSDAY, AUGUST 11, 2016

- 8:00 A.M. **REGISTRATION/COFFEE/NETWORKING**
Continental breakfast provided
W401
- 9:00 A.M. **WELCOME**
Dr. Amy Goings, LWTech President
W404
- 9:30 A.M. **KEYNOTE SPEAKER**
Seconde Nimenya
W404
- 11:00 A.M. **BUSINESS MEETING**
Kristine Horndt, STTACC President
W404
- 12:00 P.M. **LUNCH**
Catered by Sam Choy's Poke to the Max
E144
- 1:00 P.M. **BREAKOUT SESSION ONE**
- 2:45 P.M. **BREAK**
- 2:00 P.M. **BREAKOUT SESSION TWO**
- 2:45 P.M. **BREAK**
- 3:00 P.M. **OPTIONAL ACTIVITIES**
- 5:30 P.M. **CASH BAR OPEN**
Seattle Marriott in Redmond
- 6:00 P.M. **AWARDS BANQUET AND BUSINESS MEETING**
Seattle Marriott in Redmond

AGENDA

FRIDAY, AUGUST 12, 2016

Note: We will be collecting name badges during lunch, so don't forget to bring them!

- COFFEE HOUR/NETWORKING** 8:00 A.M.
Continental breakfast provided
W401
- BUSINESS MEETING** 9:00 A.M.
Kristine Horndt, STTACC President
W401
- | | |
|----------|-------|
| Region A | W213C |
| Region B | W109 |
| Region C | W111 |
| Region D | W115 |
| Region E | W310 |
- BREAKOUT SESSION THREE** 10:00 A.M.
- BREAK** 10:45 A.M.
- BREAKOUT SESSION FOUR** 11:00 A.M.
- BREAK** 11:45 A.M.
- LUNCH & CLOSING REMARKS** 12:00 P.M.
W401

FRIDAY AUGUST 12

SESSION THREE 10:00 - 10:45

The Transitioning Veteran Student - ROOM E218

Presenter: Ahmad Bennett, Coordinator - Center of Excellence for Veteran Student Success

This workshop will look at the barriers to discharged Vets going back to school. Faculty and Administration will be introduced to Veteran culture and understand how best they can support this population via cultural transition and immersion.

Employee Wellness Challenge - Accepted! - ROOM E220

Presenter: Barry Robinson, Faculty - Science

LWTech employees from various departments came together and created a Wellness Challenge that ran last summer and had over 70+ employee participants! This came from a shoestring budget, lots of employee collaboration, and was quite the buzz. We will share our successes and also what we will do differently next round. Our hope is that you will leave inspired to start a wellness challenge at your college that raises awareness around nutrition, water intake, mental wellness, exercise, and personal hygiene to create spirited fun for your employees.

Social Media for Professional Networking/LinkedIn - ROOM E213

Presenter: Alisa Shtromberg, Website/Digital Content Specialist, Marketing
Professional Social Media networks such as LinkedIn, can be used to help your job search, but also to make important professional contacts. In the fast changing world of the internet, it is important to develop a professional online presence, but also to keep your personal Social Media accounts separate and private. Learn some great networking tips and the reasons why they are important, as well as some technical challenges to overcome on platforms such as LinkedIn, Twitter and Facebook.

Program Spotlight: Machining - ROOM E157

Presenter: Mike Clifton, Faculty - Machining

Program Spotlight: Early Learning Center - ROOM S8

Presenter: Amy Nehme, Program Supervisor - The Early Learning Center
Creative collaborations among The Early Learning Center and several programs on campus, including the culinary program, transpired into a beautiful, functional garden for the ELC children and a feel-good community building project.

BREAKOUT SESSIONS

FRIDAY AUGUST 12

SESSION FOUR 11:00 - 11:45

Leveraging the Power of "Where I'm From" to Strengthen Relationships in the Workplace - ROOM E220

Presenter: Kim Infinger, Principal/Dean- High School Programs

In this workshop, participants will use a creative format to reflect upon key influences and factors within our lives and gain a deeper understanding of others by learning about their backgrounds/ personal experiences.

Getting Your Own Degree - ROOM E218

Presenter: Jeannie Damon, Administrative Assistant - International Programs

We encourage our students to complete their degrees, we should consider completing our own. Discover the ins-and-outs of using your tuition exemption benefits and getting started on your degree path.

Stress Reduction, Work/Life Balance - ROOM E216

Presenter: Antwinett Lee, Director of Nursing Programs

Have you ever felt like there were not enough hours in the day to get all your work done? Or have you wished you could clone yourself to take care of some of the competing demands for your attention? Well, it is time to hit the pause button and learn some strategies for creating sacred space for Work/Life Balance. You Matter!

Safety/Situational Awareness - ROOM E203

Presenter: Anthony Bowers, Manager - Safety and Security

This presentation is designed to offer ways of how you can reduce the risk when encountering potentially threatening situations.

Program Spotlight: Funeral Svcs - ROOM A109

Presenter: Jamye Cameron, Director of Funeral Services Education

This presentation will be an overview of the Funeral Services Program at LWTech. The highlights will be its unique position in the State of Washington, how Funeral Service Education ties into other programs, and the Gifted Body Donation Program.

BREAKOUT SESSIONS

THURSDAY AUGUST 11

SESSION ONE 1:00 - 1:45

Strengths Finder - ROOM W406

Presenter: Sally Heilstedt, Associate Dean of Engagement and Learning
Explore a strengths-based approach to personal and professional goal achievement, grounded in positive psychology theory and practice. Working and living from a place of strength can lead to greater fulfillment and positive impact on those you serve. Knowing your strengths and transferring them across contexts can increase self-esteem and resilience. This interactive session will include a brief presentation followed by personal interaction with one model for identifying and applying strengths and the opportunity to collaboratively explore that model. Participants will discover their own strengths and develop techniques for helping others do the same.

Effective Communication Skills - ROOM A203

Presenter: Suzanne Ames, Dean - Design, IT and BAS Development
Attend this hands-on training to learn how to effectively answer difficult questions to put your best foot forward. Participants will learn how to speak effectively about community and technical colleges.

Leveraging the Power of "Where I'm From" to Strengthen Relationships in the Workplace - ROOM A205

Presenter: Kim Infinger, Principal/Dean - High School Programs
In this workshop, participants will use a creative format to reflect upon key influences and factors within our lives and gain a deeper understanding of others by learning about their backgrounds/ personal experiences.

Safety/Situational Awareness - ROOM A212

Presenter: Anthony Bowers, Manager - Safety and Security
This presentation is designed to offer ways of how you can reduce the risk when encountering potentially threatening situations.

Program Spotlight: Early Learning Center - ROOM S8

Presenters: Amy Nehme
Creative collaborations among The Early Learning Center and several programs on campus, including the culinary program, transpired into a beautiful, functional garden for the ELC children and a feel-good community building project.

Program Spotlight: Funeral Services - ROOM A109

Presenter: Jamye Cameron, Director of Funeral Services Education
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THURSDAY AUGUST 11

SESSION TWO 2:00 - 2:45

Leadership Styles - ROOM W406

Presenter: Sally Heilstedt, Associate Dean of Engagement and Learning
Explore each of Daniel Goleman's leadership styles, identify your default, and discuss which styles work well in which situations. Leadership styles can be applied to project development, serving students, and work with colleagues. We'll brainstorm additional applications and examples from movies and television, history, and literature.

Office Mix/Creating a Digital Welcome - ROOM T410

Presenter: Rhonda DeWitt, Coordinator - Employee Training
Learn how you can easily add audio/video to existing Powerpoint presentations using the FREE Office Mix Add-on. The possibilities for using this tool are many, but we will practice using it as a tool to introduce yourself and/or your department to new students or employees to create a warm and engaging welcome.

Getting Your Own Degree - ROOM A212

Presenter: Jeannie Damon, Administrative Assistant - International Programs
We encourage our students to complete their degrees, we should consider completing our own. Discover the ins-and-outs of using your tuition exemption benefits and getting started on your degree path.

Stress Reduction, Work/Life Balance - ROOM A205

Presenter: Antwinett Lee, Director of Nursing Programs
Have you ever felt like there were not enough hours in the day to get all your work done? Or have you wished you could clone yourself to take care of some of the competing demands for your attention? Well, it is time to hit the pause button and learn some strategies for creating sacred space for Work/Life Balance. You Matter!

Student Engagement - ROOM E220

Presenter: Sheila Walton, Director of Student Programs
How do you engage a student when they're paying a bill or registering for classes? Isn't that something Student Programs or Campus Life does? In times of low enrollment student engagement and involvement has become an important tool for us all. Visit this workshop and learn how you can engage students throughout your day.

Program Spotlight: Horticulture - ROOM H1/H2

Presenter: Elaine Sawyer
Join Environmental Horticulture and learn more about our one year co-hort program. Explore our instructional arboretum and brush up on your plant ID skills, tour the greenhouses and learn about plant propagation and plant something to take home.