Hispanic Populations

Hispanic or Latino is defined as a person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race.¹ On this web page we use the term Hispanic. In 2018, people of Hispanic origin composed an estimated 18.3% of the U.S. population.²

Suicide Rates for Hispanic Populations, United States 2009-2018

At 7.4 per 100,000, the age-adjusted suicide rate for Hispanic populations in 2018 was close to half the overall U.S. suicide rate of 14.2 per 100,000.³
Among Hispanic populations, suicide rates remain somewhat steady across the lifespan. This is a different pattern than is seen in the overall U.S. population, where suicide rates peak in midlife.\textsuperscript{3}
As in the overall U.S. population, the suicide death rate for men is more than three times the rate for women in Hispanic populations. The suicide death rate for the overall U.S. population is more than double that of non-Hispanic populations for both males and females.\textsuperscript{3}
When Hispanic adults are compared to the overall U.S. population, similar percentages report a past-year suicide plan and a past-year suicide attempt. A slightly lower percentage of Hispanic adults report past-year serious thoughts of suicide when compared to the overall U.S. population.
Among high school youth, a smaller percentage of Hispanic youth report seriously considering attempting suicide in the past year than the overall U.S. population. However, a slightly higher percentage of Hispanic youth have attempted suicide in the past year when compared to the overall U.S. population.5

References


[6] The charts and graphs in this section are also available as a PowerPoint slide set. Feel free to use this slide set to deliver a presentation about the scope of the suicide problem.

Links within this resource
[1] https://www.census.gov/topics/population/hispanic-origin/about.html

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